





Didyou 21.8% OF CHILDREN IN OUR AREA SUFFFR FDOM FOOD TO

HELP US SUPPORT THE AREA BACKPACK PROGRAMS!

WHAT IS THE **BACKPACK PROGRAM?**

The Backpack Program provides backpacks filled with non-perishable, child-friendly food to families who are food insecure. The backpack is discretely distributed to students before weekends and school holidays so that children who have their nutritional needs met through other programs do not go hungry when those resources are not available.

BACKPACK PROGRAM ITEMS NEEDED

- **JUICE BOXES**
- **CEREAL BARS OR POP TARTS**
- OATMEAL PACKETS, BOXES OF SINGLE-SERVE OR FULL BOXES OF **CEREAL**
- SHELF-STABLE MILK BOXES (WHITE OR CHOCOLATE)
- EASILY MADE MEALS: MAC AND CHEESE, RAVIOLI, SPAGHETTIOS, RAMEN NOODLES. RAMEN SOUP CUPS. PASTA PACKETS
- PEANUT BUTTER AND JELLY
- SNACK SIZED ITEMS SUCH AS: FRUIT CUPS, PUDDING CUPS, CHEEZ-IT PACKETS, SINGLE-SERVE COOKIES OR CRACKERS, GRANOLA BARS, **DRIED FRUIT/NUTS**









WHERE TO DROP IT OFF?

SARANAC LAKE:

COMMUNITY BANKS THE CHAMBER AT THE TOWN HALL **TOPS MARKET** KINNEY DRUGS **BLUSEED**

LAKE PLACID:

COMMUNITY BANK HANNAFORDS PRICE CHOPPER PALACE THEATRE TERRY ROBARDS WINE & SPIRITS THE TOWN HALL THE BREAKFAST CLUB **MCDONALDS** ROOST

TUPPER LAKE:

COMMUNITY BANK GOFF-NELSON MEMORIAL LIBRARY SHAHEEN'S IGA **SAVE A LOT** ROOST





